



INTERNATIONAL WOMEN'S DAY

As we did with International Men's Day in November, staff have been asked to nominate a positive female role model for International Women's Day.

WOMEN OF BFS



Ms Board

Passionate about feminism and pushing for more women in STEM subjects. Very supportive to all our students and always looking for opportunities for them to build their experiences.

Mrs Stephens

Calm, supportive manner and always there to help with our students. Her incredible patience, care and empathy for students and staff in our school is extremely admirable. She is calm in all situations and always has time for everyone. She is a fantastic role-model for our students and staff.



Mrs Holmes

Mrs Holmes is a positive female role model. She is always full of positivity, integrity and empathy. Mrs Holmes is always calm and professional, welcoming and patient. Mrs Holmes is ALWAYS willing to listen without judgment, making time for staff and students alike.



INTERNATIONAL WOMEN'S DAY



WOMEN OF SPORTS



Sara Cox MBE

In 2016, she became the world's first professional female rugby union referee. On 25 September 2021, she became the first woman to referee a (men's) Premiership Rugby Union Match between Harlequins and Worcester Warriors.

Mary Earps

Mary Earps uses her platform to promote gender equality in sports. She openly advocates for better recognition, respect, and pay for female athletes. This sends a powerful message about equality and respect for women not just in sports, but also in other facets of life.



WOMEN OF POWER



Baroness Brenda Hale

First woman to serve as President of the UK Supreme Court. Lady Hale argued that the judiciary needed to become more diverse so that the public have greater confidence in judges. Hale called for a more balanced gender representation on the UK's highest court and swifter progress promoting those from minority ethnic backgrounds and with "less privileged lives".

Gina Martin

Is an activist, author and law changer, who campaigned as a victim of sexual harassment to create the Voyeurism Act in 2019. She is an ambassador for UN Women and has campaigned for causes including period poverty, censorship bias on Instagram, gender equality and now works as a facilitator for workshops on gender, misogyny and its impact on young people.



Lindsey Hilsum

A brave journalist who reports from some of the most dangerous conflicts around the world. She always interviews the innocent people impacted by conflict and tells their story with compassion. The fact she is 65 years old is also very inspiring.

KEY DATES

- Tuesday 12 March
SEND Coffee Morning Event
(9:00am-10:30am)
- Wednesday 13 March
BEP Student Leadership at
Clifton College (11.45am - 4.00pm)
- Sunday 17 March
English Speaking Union Regional Final
- Tuesday 19 March
HT Virtual Parent Update (5.00pm-6.00pm)

UPCOMING FIXTURES

Monday 11 March	U13 Girls Football Tournament	Coombe Dingle
Wednesday 13 March	U14 Girls Glos Football Cup	Orchard School
Wednesday 13 March	Y9 Rugby Sevens	Collegiate School
Thursday 14 March	Y7 Girls Football	OA Daventry Road
Monday 18 March	Girls Football U14 and U16 Glos Cup	RGS
Monday 18 March	Y9 Netball Semi Final	Backwell School

ANYONE FOR BINGO?

Come along, bring some friends to the FoBFS Bingo Night, Friday 22 March. Doors open at 6.30pm, bingo starts at 7pm. There will be a bar, snacks, lots of fun and a chance to win at BINGO! Tickets £7 each.



[CLICK HERE TO BOOK!](#)

We are
HIRING

**MARKETING, PR AND
EVENTS MANAGER**

COVER SUPERVISOR

**CAREERS ADVISER AND
ADMINISTRATOR**

**HEAD OF RELIGION
& PHILOSOPHY**



ROADWORKS!

We've been advised that there will be roadworks for 6 weeks starting 18 March on Falcondale Road/Henbury Road junction. The pedestrian crossing is likely to be affected and the traffic will be severely disrupted, so please plan journeys to school accordingly - leaving extra time and walking as much as possible.



HOUSE NEWS



BLAISE BAKE SALE

'What an amazing event, Blaise House was able to raise £208 for The Bristol Children's Hospital! Thank you so much to everyone for donating, baking and helping out at the event. It was incredible seeing everyone work together to support a great cause. We hope everyone carries the enthusiasm and positivity into our next charity events.'

Well done Blaise House! #teamBlaiseforthewin'



Student House Competition!

Golden Egg Hunt & Guess the number of chocolates in the jar.



Friday 15 March
Lunch time in the Avenue Shelter.

A House Point for every student that enters, and a chance to win the jar of chocolates.



careers notices

EMPLOYER TALKS

Today we welcomed Andy Howse to talk to a packed room of students from Year 9 - 13 about careers in professional sport.



MS NORTON
CAREERS LEAD



Andy is a physiotherapist and is currently working with the Basketball England squads; he previously worked at Gloucester Rugby for three seasons and has also worked in artistic swimming.

He has been to the Commonwealth Games twice (2018 & 2022) and been part of the team that has won two silver and one gold medal at the games. Andy talked about how he started his career in physiotherapy and how he got into professional sport. He talked about the range of professionals that work in professional sport and their roles, these included: sports psychologists, nutritionists, strength and conditioning coaches, welfare officers, sports analysts and media officers. He busted the myth that you need to be interested in science and medicine to work in elite sport and provided information on the variety of routes into such roles.

Andy spent time after the session answering questions from students who were eager to hear more about what they can be doing now to help their chances of getting into a competitive field. Thank you very much to Andy for giving up his time and to all of the students who attended. Students who attended will be able to access Andy's slides on their Unifrog account.

UPCOMING EMPLOYER TALKS

- Friday 15 March - Aviation with BA Pilot
- Friday 22 March - Engineering and Infrastructure with Bristol Airport



Year 13 Pastoral Day



Today Year 13 have had their final pastoral day with us at BFS. The theme of the day was to prepare students for making their next steps. Miss Evans kindly volunteered to run cooking sessions throughout the day so that all students had the opportunity to learn how to cook some basic and budget-friendly meals which will certainly be helpful for those moving away this September!



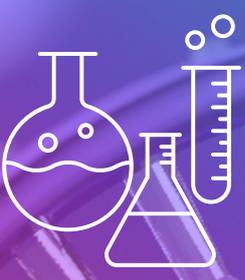
BFS staff also ran sessions which focussed on student finance and banking, top tips for preparing for university/apprenticeships and preparing for writing academically. Students also had the opportunity to practise CPR using our CPR training kits - a life-saving skill that is important for everyone to know about.



We also had a visiting speaker from the Hollie Gazzard Trust who talked to students about coercive controlling relationships. Sara talked about how to identify them and what to do if you find yourself in one. This was a really powerful and hard-hitting session but a hugely worthwhile one for our young people.

Thank you to our Year 13 students who were enthusiastic throughout the day and to all the staff involved, particularly Ms Evans who gave up a lot of her time.





BFS SCIENCE



YEAR 9 STEM CHALLENGE DAY

MS BOARD

Last Friday, some of our amazing Year 9 students took part in a fun day of STEM activities, provided by Lynne from the Smallpeice Trust.

In the morning, we learned what it means to be an engineer and how engineering is integral to everything we use in life. Building towers with only paper meant that groups had to use team work and communication skills as well as their knowledge of construction and material strength. The winning tower was measured at 1.7M and saw the girls teams triumph! Then, beginning to use our design skills, we were tasked to choose materials and budget their use to form three straw gliders. With varying success, eventually we all hit the target!

The afternoon was spent on the main part of the STEM challenge, designing, making and flying motorised aircraft! Each team split into roles including marketing, finance, engineer and manager and everyone excelled in their field! Huge variations in design were tested on the outdoor runway, with some planes making a distance of over four metres. To round out the experience, each team had to present and sell their concept to the audience, with some groups taking inspiration from famous entrepreneurs and speakers.

A huge well done to all students involved and a special congratulations to our winning team - Ryan, Luke, Henry, Freddie and Austin!



BFS GEOGRAPHY



The Water Cycle

This term, Year 7 have been studying weather and climate. The key task is to create a version of the water cycle in a creative way. Four students in 7TG5 certainly did that! Congratulations and well done to Harry, Sophie, Isabelle and Faith who created their own versions with creative flair! #welovegeography #housepoints #canford



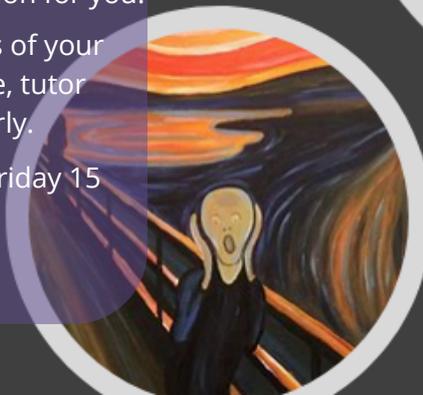
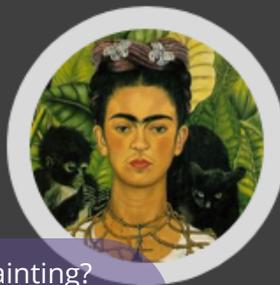
BFS ART COMPETITION

Artist Copy Art Competition.

Do you have a favourite artist or a favourite painting?
Are you feeling creative? Yes, then this is the competition for you.

We would like you to make a copy, in any art materials of your choice, of an artist's work that you like. Pop your name, tutor group and the artist you have copied on the back clearly.

- Get your entries into The Art Department before Friday 15 March.
- We will announce the winner in the newsletter.
- House points for all students who enter.





MISS SLATER

BFS SPORT

Swim Gala

On Thursday 29 February a group of students from Bristol Free School attended the Secondary Schools Swim Gala and had a fantastic time, with BFS swimming their way through the event winning multiple medals and a couple of trophies!

A huge thank you to Tracey Henniker (parent) for organising and leading the event so that students could take part, along with other parents and students who supported the event in many volunteering roles so that the event could take place.

This is a true representation of the BFS community!

We look forward to attending again next year and continuing our winning streak!



2023 / 2024 Trophy Winners

Aggregate Trophies

Age Group	Trophy	Winners
Junior Girls	Evening World Trophy	Badminton School
Junior Boys	Western Daily Press Trophy	Queen Elizabeth's Hospital
Inter Girls	W.E.R. Harris Memorial Bowl	Bristol Grammar School
Inter Boys	W.E.R. Harris Memorial Bowl	Queen Elizabeth's Hospital
Senior Girls	Bristol Corporation Bowl	Clifton High School
Senior Boys	The Keeble Cup	Bristol Free School

For more information go to [Bristol Schools' Swimming Association Website](#)



MRS BALLARD



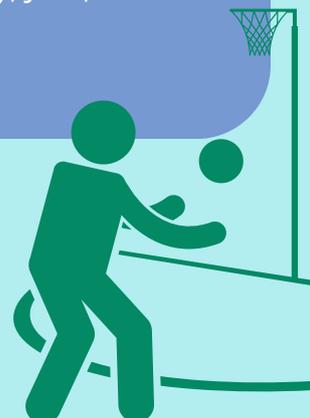
Year 8 Netball

Having successfully been crowned the champions of Bristol, our Year 8 Netball team went to Priory Community Academy School in Weston-Super-Mare to face them in the semi-finals. We started strongly ending the first quarter 5-4. Priory came out stronger in the second quarter being clinical with their shooting. We went into the final quarter 6 goals down and despite a great comeback to bring it back to 2 goals difference it wasn't enough and unfortunately lost 15-13.

Player of the match - Jess W

Player's player - 4-way tie between Molly, Jess, Elsie and Bethan

Well done to the whole team.



BFS SPORT



U14 Football
BFS 11 - 0 Fairfield

Goal scorers:

Lexi 4

Jess 3

Matilda 3

Lottie 1

Player of the match:

Lexi

Another fantastic performance from our U14 superstars in the Gloucestershire Cup against Fairfield School. Well done to the whole squad. Special thank you to Martha, Imogen and Libby for always volunteering and sharing the goalkeeper duties!

WORLD
**BOOK
DAY**

7 MARCH 2024

LRC NEWS

WORLD
**BOOK
DAY**

7 MARCH 2024

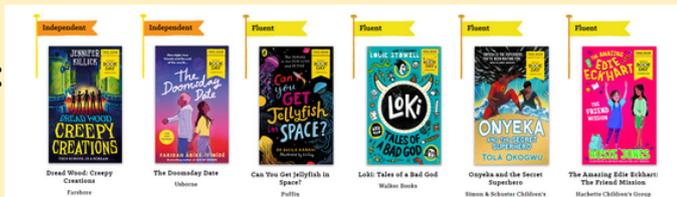
On Wednesday 6 March there was a World Book Day fair in the LRC run by Max Minerva's. It was great to see students in KS3,4 and 5 visiting the stand which was run by Sam the co-founder. Sam also led the year 7 World Book Day assembly. This was very inspiring for the students – showing a love of reading can lead to so many career opportunities. A big thank you to the team at Max Minerva's for supporting BFS.



Max Minerva's
Marvellous books & more

It's not too late to get your free book! The token redemption date for the £1 book tokens is from 15 February - 31 March 2024.

Here's a few titles included:



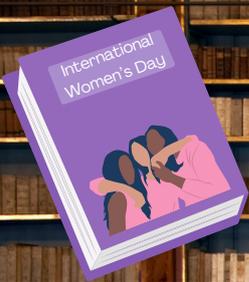
CLICK BELOW FOR YOUR DIGITAL BOOK TOKEN



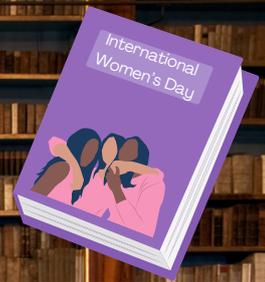
Digital Tokens

Our digital £1/€1.50 World Book Day tokens are available to download. Download them by clicking the buttons below.

World Book Day



LRC NEWS



This week we have been celebrating International Women's Day, and we have taken a moment to appreciate the incredible achievements, resilience, and contributions of women throughout history today. Here in the LRC, we are proud to showcase a diverse array of books that honour the stories and voices of remarkable women from various walks of life.

Inspirational Women

Our collection features gripping biographies that shed light on the lives and accomplishments of influential women, from actresses to scientists, comedians, athletes, politicians and more.



Marie Curie: A trailblazing physicist and chemist, Marie Curie was the first woman to win a Nobel Prize and remains the only person to have won Nobel Prizes in two different scientific fields. Her pioneering research on radioactivity laid the foundation for advancements in the field of nuclear physics and medicine.



Michelle Obama: As the first African-American First Lady of the United States, Michelle Obama has been a passionate advocate for issues such as education, health, and women's rights. Her autobiography, "Becoming," offers readers a glimpse into her life journey, from her humble beginnings to her years in the White House.



Emma Watson: Best known for her role as Hermione Granger in the "Harry Potter" series, Emma Watson has since become a prominent voice for gender equality and women's rights. Through her work with the United Nations and the HeForShe campaign, she continues to inspire young people around the world to challenge societal norms and strive for a more inclusive world.



Jessica Ennis-Hill: A track and field athlete, Jessica Ennis-Hill is a two-time Olympic medallist and former world champion in the heptathlon. Her remarkable athletic achievements and dedication to her sport serve as a source of inspiration for aspiring athletes everywhere.

Champions of Equality

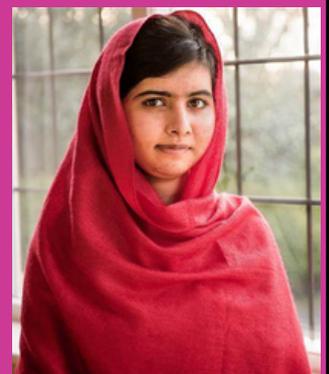
Discover the stories of women who courageously fought against prejudice and injustice, both well-known activists and more overlooked drivers of change.

Mary Seacole: A Jamaican-born nurse, Mary Seacole defied societal norms and racial barriers to provide medical care to soldiers during the Crimean War. Despite facing discrimination and adversity, her unwavering dedication to helping others has cemented her place in history as a pioneer of nursing and humanitarianism.

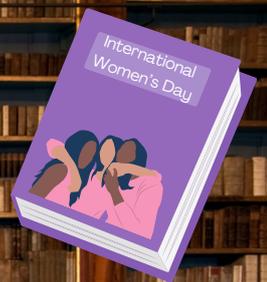
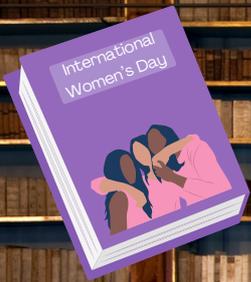


Rosa Parks: Often referred to as the "Mother of the Civil Rights Movement," Rosa Parks' refusal to give up her seat on a segregated bus in Montgomery, Alabama, sparked a wave of protests and led to significant advancements in the fight for racial equality in the United States.

Malala Yousafzai: A Pakistani activist for female education and the youngest-ever Nobel Prize laureate, Malala Yousafzai gained international recognition for her advocacy work after surviving an assassination attempt by the Taliban. Her courage and resilience in the face of adversity serve as a powerful reminder of the importance of education and empowerment for girls worldwide.



LRC NEWS



Women's Voices Through History

Delve into the untold stories of women whose contributions have often been overlooked or marginalised. The compelling story 'Hidden Figures' by Margot Lee Shetterly tells of the groundbreaking achievements of African-American female mathematicians at NASA during the Space Race. Through their calculations and expertise, these women played a vital role in the success of historic space missions, yet their stories remained hidden until recently. Journey through time with captivating tales from our collection, including the 'My Story' series, which offers immersive accounts of historical events such as the Titanic, Tudor era, Victorian times, and more. 'Daughters of Time' and 'War Girls' are anthologies that feature diverse voices and perspectives from women throughout history, offering poignant insights into their experiences and struggles. From wartime heroines to trailblazing leaders, these stories celebrate the resilience and strength of women.

Empowering Feminist Literature



Challenge societal norms and explore themes of feminism and dismantling the patriarchy with thought-provoking reads like 'Women & Power' by Mary Beard, a renowned classicist and feminist scholar, she explores the roots of misogyny and the silencing of women's voices throughout history in her thought-provoking book. She encourages readers to examine power dynamics and advocate for gender equality in all areas of life.



Celebrating Literary Icons

Immerse yourself in the captivating worlds crafted by the many celebrated authors and poets that the LRC carries, such as Malorie Blackman, an award-winning author and former Children's Laureate who is best known for her critically acclaimed 'Noughts & Crosses' series. Also, Margaret Atwood, an author celebrated for her works including 'The Handmaid's Tale' and 'Alias Grace'.

In celebration of International Women's Day, let us honour the past, celebrate the present, and empower the future generation of women leaders, thinkers, and change-makers.

BFS SEND

Bristol Parent/Carer Forum

SEND Coffee Morning Event

Tuesday 12 March 2024 (9:00am–10:30am)

This event is for Parents/Carers of all SEND students within the Bristol Free School Community. The Forum is an opportunity for Parents / Carers to meet with other families and school staff to find out about support available locally.

Mrs Jenkins (SENDCO) and Mrs Cook (Assistant SENDCO) will also be available to answer questions relating to support in school.

Please confirm your attendance by completing this [form](#) by Friday 8 March 2024. Teas and coffees will be provided. Spaces are limited and will be allocated on a first come, first served basis.

**We look forward to hearing from you.
SEND | Inclusion.**



Neurodiversity Information Evening

Monday 18 March, 17.30 – 19.30 BGS 1532 Theatre
As part of Neurodiversity Celebration Week, Bristol Grammar School is hosting a Neurodiversity Information Evening for parents and carers, to be held in the 1532 Performing Arts Centre.

Corrina Wood will be the speaker. Corrina has extensive experience of working with families where there are children with autism and ADHD.

As a parent herself, Corrina has 4 children with autism and co-occurring conditions including dyspraxia, dyslexia, demand avoidance, processing disorder and selective mutism. She uses a unique blend of research and lived experience to provide thought-provoking, interactive and interesting workshops and training courses.

A number of other professionals and organisations will be available to share information. To book on to this free event, please complete this [booking form](#)



MR HAMILTON



Join in the celebration
and discover how you
can change your world by
changing your journey

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- Help the environment by replacing a car journey
- Help your school win some fantastic prizes

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TOGETHER



FOR SEND

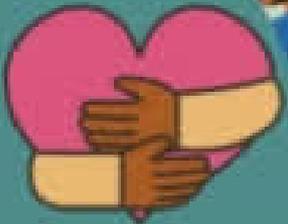
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**BRISTOL'S PLANS
FOR INCLUSION**

with Hannah Woodhouse
and Cllr Asher Craig



**JUST STOP
Eating at EHCPs**

with Loren Strickland



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