



# Extra – curricular Timetable

January 2017 Terms 3 and 4

3:15 - 4:30pm

Day	Activity	Staff	Room
<b>Monday</b>	KS4 Fitness	Mr Cosgrove	Sports Hall
	Classics Club	Ms Walsh	C035
	Fencing	Bristol Blades	Dining Hall
<b>Tuesday</b>	Latin GCSE year 2	Ms Walsh	C035
	Year 8 Parkour	Mr Tolman and Mr Cosgrove	Sports Hall
	Year 9 and 10 Parkour	Mr Tolman and Mr Cosgrove	Sports Hall
	All years Girls' football	Bristol Rovers and Ms Collins	Field/MUGA
	Trampolining	Ms McInnes	Sports Hall
	Textiles Club (Y9 & Y10)	Ms West	Textiles
	Art Club	Ms Dawson	C025
	Photography club	Ms Marsh	C024
	Geography of Food Club	Ms Davies and Mr Dayment	Food Room
	School Musical	Ms Clifton, Mr Pate and Ms Green	Drama Studio
	Italian Club	Ms DiMartino	C027
	Science Club	Science Team	C148
	Flying Start Challenge	Mr Keen	Res Mat
Model United Nations	Ms Chim	C034	
Yr 10 Young Enterprise	Mr Aldridge	C105	
<b>Wednesday</b>	Latin GCSE year 1	Ms Walsh	C035
	Girls' basketball (Y10 & Y11)	Ms Exton	Sports Hall
	7, 8 & 9 Boys' Football	Mr Truan, Mr Tolman	Field
	Orchestra	Ms Collins	Music Room
	Folk Band	Mr Pate	Ensemble room
	Geography of Food Club	Ms Davies and Mr Dayment	Food Room
	Year 9 Punk Band	Mr Pate	Ensemble room
	Outdoor Club	Dr Cooper, Ms Board and Ms Archer	C127
	Commercial Dance	Ms Forsey	Dining Hall
	Macbeth Rehearsals	Mr Collis	Drama Studio
	French Film Club	Ms Burrell	C040
Yr 12 Young Enterprise	Mr Mitchell	C140	
<b>Thursday</b>	Y10&11 Boys' Football	Mr Truan and Mr Walker	Field
	Mixed Hockey	Ms McInnes and Mr McBlain	Coombe
	Y9,10&11 Badminton & table-tennis	Ms Collins and Mr Cosgrove	Sports Hall
	Y7&8 Badminton & table-tennis	Ms Collins and Mr Cosgrove	Sports Hall
	Street and Hiphop Dance	Ms Forsey	Drama Studio
	Jazz Band	Mr Pate	Music Room
	Junior Jazz Band	Ms Green	Ensemble room
	Maths Challenge Mentoring (y7 & y10) (Last Thursday of each month)	Mr Aldridge	C105
Dressmaking (Y9 & Y10)	Ms West	Textiles	

	Warhammer School Alliance	Mr Fernandes	C139
	Programming Club	Ms Sherman	C041
<b>Friday</b>	Sports Academy	Mr Tolman	Sports Hall

Clubs in red are fortnightly and only happen on red weeks, clubs in blue happen on blue weeks only.

**Lunchtime activities** There are also extra-curricular opportunities taking place at lunchtimes.

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 1 (KS3)	<b>Music theory</b> Music Room <b>Planet Earth Club</b> C126	<b>Recorder Ensemble</b> Music Room	<b>Band Academy</b> Music Room <b>Planet Earth Club</b> C126	<b>Dynamics Choir</b> Music Room	<b>Junior Choir</b> Music Room
Lunch 2 (KS4)		<b>6<sup>th</sup> Form Choir</b> Music Room	<b>Chamber Choir</b> Music Room	<b>New Pals for Nepal</b> C139	<b>Science Forum</b> D016

Programme starts on 'blue' week from **Monday 9th January**. Turn up on time to register. Enjoy!



## Description of clubs and activities

**Art Club:** Art club will enable you to try a range of exciting things you might not get a chance to do in lessons such as marbling, clay, and larger scale work. Alternatively, you can work independently on your own creative projects. Come and get your hands dirty!

**Band Academy:** Form bands and make music with your friends. All welcome!

**Basketball:** Open to students who want to represent BFS in fixtures and competitions as well as those who want a purposeful and fun physical activity with friends to build skills.

**Chamber Choir:** A more challenging choir group for KS4 students only singing multi part folk, pop and classical pieces from sheet music. All welcome by audition - ask Mr Pate for details

**Classics:** Look back at the culture of the ancient Greeks and Romans to discover the origins of modern civilisation and learn a little ancient Latin or Greek. Follow the quest the Odysseus whilst learning about the history, geography and language of the ancient great thinkers. This club will lead on nicely to the Latin or Classics GCSE.

**Commercial Dance Club:** This class utilises performance qualities from street disciplines such as hip-hop and funk styles whilst using the techniques of jazz and contemporary. It is a strong style danced to the latest chart hits like Clean Bandit and Beyoncé through to more formal Jazz as seen in West End Musicals like Chicago and Cats. Learn to strut your stuff like a True Diva!

**Dressmaking -** Open to year 9 and 10 students; come and learn how to make garments that you can actually wear. You will be able to build on the skills and techniques that you have learnt in your textiles lessons to produce professional looking clothing tailored to your own design ideas

Dynamics Choir: BFS' main school choir is a big group of our elite singers from across the school. We sing pop, rock and gospel songs in fun 3-part harmony. No previous experience necessary but must be an enthusiastic singer! Auditions will take place in the first term.

Fencing: Under the coaching of professionals from Bristol Blades, fencing is one of the safest sports around. Using lightweight, blunted swords, the challenge of hitting your opponent without getting hit yourself is more about mental agility than sheer strength and power. Kit will be provided but places are limited and there is a charge of £4 per session to be paid at the start of each term. Term 1 and 2 will cost £48. Pick up a letter from reception.

Flying start challenge: Flying Start Challenge is an engineering competition in the South West of England run by eight aerospace companies. In groups of 4, you will design, build and test a model glider that you will present at the regional Fly-Off. At the Fly-Off each team will have the chance to fly their glider against schools from the same region. Not currently open to new members – keep your eye out for future challenges!

Folk Band: BFS' exciting new supergroup for 2016 made up of fantastic musicians from across all year groups play folk songs, from traditional Celtic pieces to Mumford and sons and the like. Ask Mr Pate if you would like to audition.

Football: Open to students who want to represent BFS in fixtures and competitions as well as those who want a purposeful and fun physical activity with friends to build on skills.

French Film Club: Prepare to laugh, cry, feel moved and sometimes pretty weirded out with French film club! Every week an instalment of a fantastic French film. First up is... **Hors de Prix** ('Priceless'). Comedy – Through a set of wacky circumstances, a young gold digger mistakenly flirts with a mild-mannered bartender thinking he's a wealthy suitor. Other films to be screened include... Asterix and Obelix, A cat in Paris and The diving bell

Geography Food Club: Geography and Home Economics are joining forces to allow you to create some of your favourite dishes from around the world! What better way to end the day than by cooking up a storm in Mumbai or whisking up some delights in France? Not only will you get the chance to cook some tasty treats, but there's also an opportunity to learn about the countries and cultures behind them too. We'll look at the origins of recipes and also how the food you eat has made its way to your plate.

Italian Club: Students will have the chance to learn Italian, understand more about Italian culture and art treasures and explore the links to Latin grammar.

Macbeth rehearsals: The cast of Macbeth will be rehearsing for their production in the prestigious Shakespeare Schools Festival at the Tobacco Factory Theatre in late November.

Jazz Band: Our Jazz Band "Treble Bass" have performed in many exciting venues around the city, recorded CDs, music videos and more! Made up of incredible musicians playing jazz standards, 2016 will see many more exiting performances from Treble Bass! By invitation only. There are openings available for brass players - see Mr Pate if you play a brass instrument.

Junior Choir: For year 7 students only - come and sing some fun songs together in many different styles. All welcome!

Junior Jazz Band: Have you been wowed by Treble Bass' performances and want to be a part of it? Why not try out for our Junior Jazz Band! See Miss Green about auditioning for a part!

KS4 Fitness: For GCSE PE students and sports teams members. To raise fitness levels required for team sports.

Latin GCSE: Latin offers many rewards to its students such as improved spelling in English and an increased likelihood of success in modern languages. This is open to years 9-11. Talk to your Languages teacher if you are interested in this.

Maths Challenge Mentoring: With this club you will get specialist support to become a better problem solver. We will meet each month to discuss a new set of inspiring and challenging puzzles. Between sessions you will also receive 1 to 1 help through ShowMyHomework.

Model United Nations: Learn about the issues which affect your world and develop your powers of leadership and negotiation in this simulation of the United Nations. You'll get the chance to represent different countries at MUN conferences and engage in lively debate with other schools.

Music Theory: For those who want to brush up on their theory skills! Excellent for anyone working towards a formal theory exam, studying (or planning to study) GCSE music, or who just wants to brush up on their theory skills! Takes place during KS3 lunch - KS4 students who wish to attend should speak to Mr Pate. Starts 26 Sept

New Pals for Nepal: This club is looking to strengthen the current link with our partnership school in Nepal, in Singdi village, which some students have already visited when at Westbury-on-Trym primary school. We want to make sure this is a long term partnership which will become embedded into the curriculum and culture at BFS, so are looking for students who are keen to help shape this happen! Will be aiming to do this by setting up new friendships between students from either school, fundraising ideas and initiatives (pens for poverty and more!), sharing of resources and other initiatives which students might come up with.

Orchestra: BFS' main instrumental group plays fun pieces in a variety of styles including film themes, band pieces, iconic classical tunes and more! Do you play a stringed instrument? What about woodwind, brass or percussion? Then we want you! All players welcome whatever your ability - come and give it a try!

Outdoor Club: Ever wanted to know what food you can safely collect and eat? Want to know how to grow your own veg? Love being outdoors? Join us in outdoor club and you'll grow food, build bee hotels, learn bushcraft skills and help to look after the school's pond and allotment.

Photography club is an exciting opportunity to experiment with both digital and alternative photographic processes. You can build your very own pinhole camera, get creative developing your own lumen prints and learn how to create different effects in Photoshop.

Planet Earth Club: Want to catch up on the latest Planet Earth II series? Thought they were so good that you want to watch them again? If you love nature and can't get enough of David Attenborough's dulcet tones join us in C126 to watch it on a big screen! You can even bring your lunch!

Programming Club: All welcome. General programming skills and challenges  
Preparation for Grok Quest Competition - HTML/CSS. We had 3 students come FIRST IN THE WORLD out of 50,000 entrants for the last competition - can we improve on our success this time round? Come along and take the challenge!

Punk Band: Year 9 punk band newly formed for 2016! By invitation only - ask Mr Pate for more information

Recorder Ensemble: Recorder players wanted of any ability level! Fun multi part songs to play in a group. We even have a bass recorder. It's massive. All welcome!

Science Club: Have you ever wanted to shoot a potato using the explosive power of hairspray? Have you ever turned your phone in to a microscope? Do you want to find out why toast always lands butter side down? Do you want to find out who our wildlife neighbours are? Come along to Science Club for all this fun and more.

School Musical: Rehearsals for this year's school musical. Previous productions have included Oliver! Buggy Malone and Grease. Auditions coming soon!

Science Forum: A fortnightly forum open to all year 12 students. Each session will focus on a recent development in physics, chemistry or biology and will be a chance to discuss the latest scientific news. We will also have special guests from a range of science based careers to talk about their own experiences.

6<sup>th</sup> Form Choir: Group singing pop and gospel songs, a enjoyable and relaxing break from studying in the middle of the day! All welcome!

Sports Academy: For selected Year 8 and 9 students by invitation, to practise advanced skills.

Street and Hip-hop Dance: This class is a mixture of the urban grooves of Hip-Hop, Street, RnB, popping, locking and breakin as seen by artists on the latest commercial music videos. Bust your moves to Nicki Minaj, DNCE, Justin Timberlake and many more current stars!

Textiles Club: Open to year 7 and 8 students; weather you've never used a sewing machine or are an embroidery guru all are welcome. Come and have a go at making a range of products using new and exciting textiles techniques and materials.

Young Enterprise: You make all the decisions about your company supported by a Business Adviser: raising initial share capital; designing your product or service to selling directly to customers and ultimately winding up the company and paying your taxes. Find out what it's really like to set up and run a business and learn practical skills.

Warhammer School Alliance: Learn to paint and build models. Students who have their own models should bring these with them. We also play all kinds of Sci-fi or fantasy board-games.

**In addition to this extensive programme of activities, homework club will run from Monday – Thursday, 3.10 – 4.30 pm in the LRC. This is an opportunity for students to do their homework alongside their peers, with the added bonus of knowing that teachers are on hand to help when support is required.**