

## PSHE Key Stage 3 Programme of Study



	Terms 1 and 2 7 lessons	Terms 3 and 4 5 lessons	Terms 5 and 6 6 lessons
<b>Year 7</b>	<b>Diversity</b> 1. Importance of rules 2. Diversity 3. Disability 4. Sexual diversity 5. Homophobia 6. Confronting homophobia 7. Types of Family	<b>Body Image and Self Esteem</b> 8. The Beauty Myth 9. Media Messages 10. Confronting Comparisons 11. Banish Body Talk 12. Be the change	<b>Voting and Politics</b> 1. Elections 2. Voting System 3. Political parties 4. Houses of Commons and Lords/passing a bill 5. The monarch and republics
<b>Year 8</b>	<b>Crime</b> 6. Why do people commit crimes? 7. The consequences and effects of crime 8. ASBOS – what are they for? 9. The purpose of courts 10. Knife Crime 11. Crime project	<b>Healthy Relationships</b> 12. Healthy Relationships 13. Unhealthy Relationships 14. Self-esteem 15. Eating Disorders 16. Self-Harm	<b>Drugs</b> 17. Physical effects of drugs 18. Social effects of drugs 19. Smoking 20. Underage drinking 21. Cannabis
<b>Year 9</b>	<b>One off-timetable day involving external agencies, covering:</b> Readiness for sex; FGM & Trafficking; Objectification; Exploitation; Types of Contraception; STIs; Resisting peer pressure		